

# **POSITION DESCRIPTION**

**POSITION TITLE**: Physiotherapist or Exercise Physiologist

**DIVISION/DEPARTMENT:** Community Health

**CLASSIFICATION:** Physiotherapist Grade 1 or 2 Yr 1-4 (VB1-VB4) or

Exercise Physiologist APH Grade 2 YR1

**INDUSTRIAL AGREEMENT:** Allied Health Professionals (Victorian Public Health Sector)

Single Interest Enterprise Agreement 2016-2020 and

subsequent agreements.

**RESPONSIBLE TO:** Operational Director Healthy Communities

**REPORTS TO:** Manager Healthy Lifestyles

**PRE-REQUISITES:** Current Police Check.

Current Working with Children's Check

Registered with the Australian Health Practitioner Registration Board (AHPRA) or Exercise & sport Science Australia (ESSA)

**Current Victorian Drivers Licence** 

General experience as a Physiotherapist / Exercise

**Physiologist** 

## **KEY SELECTION CRITERIA:**

- Registration with AHPRA Registration Board of Victoria or ESSA
- A degree in Physiotherapy or equivalent.
- Consolidated experience in the field of Physiotherapy / Exercise Physiology
- Demonstrate written and verbal communication skills
- Effective interpersonal skills
- Proven ability to liaise with internal and external customers at all levels.
- Computer applications skills
- Proven ability to prioritise workloads and meet demanding work deadlines.
- Demonstrated ability to operate with minimal supervision and show high levels of initiative.
- Proven ability to maintain a high level of confidentiality.

# **OUR PURPOSE:**

The purpose of Benalla Health is to facilitate a healthy and resilient community through the provision of integrated, lifelong healthcare services.

## **OUR VALUES:**

Compassion, Empathy, Accountability, Respect and Excellence.

#### **POSITION SUMMARY:**

Working as part of a multi-disciplinarily team and in accordance with the objectives of the Benalla Health Operational Plan, this position is required to co-ordinate, deliver and evaluate effective interventions that prevent or manage acute, sub- acute or chronic disease or injury within Benalla Health and other contracted service sites.

#### **RESPONSIBILITIES**

- Management of all referred clients from general inpatients, outpatients, aged care units and other contracted service sites.
- Supervise students as appropriate to qualifications and perform work that requires specialist knowledge depending experience and allied health discipline
- Liaison with other members of the patient management team, including medical officers, nurse unit manager and other allied health professionals.
- Education of hospital staff to carry out appropriate treatment plans to achieve overall health care plan goals.
- Attendance at relevant discharge planning or scrum meetings.
- Appropriate recording of all treatment sessions in medical records.
- Appropriate recording of statistics according to department protocols.
- Ability to appropriately delegate tasks to Allied Health Assistants.
- Sound ability to carry out assessment and choose appropriate treatment techniques.
- Ability to perform all electrotherapy techniques within safety guidelines as applicable to incumbent's allied health discipline parameters.
- Good communication skills and the ability to work in a team environment.
- Mentor students and staff as required
- To assist in planning, implement and supervise interventions to referred inpatients and outpatients.
- To participate and deliver educational programs when required. To assist with the supervision and provide an educative environment for students on placement.
- To attend relevant meetings when required, representing the allied health/community health department. Ensure relevant information is presented at clinical meetings as required and requested.
- To participate in the organisations Health Promotion plan and speak at Community Groups / Sessions as required.
- To provide the required data pertinent to the operations of the department.
- Actively participate in quality improvement activities and contribute toward organisation wide accreditation compliance as required.

# **SAFETY MANAGEMENT SYSTEMS**

In accordance with the current Victorian OH&S legislation and infection control standards, each employee has the responsibility to take reasonable care of their own health and safety by:

- Adhering to Benalla Health's OH&S policies and procedures
- Reporting hazards and injuries
- Participate in OH&S consultation and OHS training
- Cooperate with managers and supervisors to ensure that OH&S responsibilities are met by all
- Not wilfully interfere with or misuse anything provided in the interest of health and safety or wilfully put anyone at risk.
- Each Employee is responsible for ensuring that they are fit to perform their duties without risk
  to the safety, health and well-being of themselves and others within the workplace. This
  responsibility includes compliance with reasonable measures put in place by the Employer
  and any related occupational health and safety requirements.

Each employee has the responsibility to minimise exposure to incidents of infection/cross infection of residents, staff, visitors and the general public.

Please refer to Benalla Health's Occupational Health & Safety Responsibilities Guideline.

#### **QUALITY & RISK**

Benalla Health is accredited by an independent Accreditation Agency. All staff are required to actively participate in quality improvement activities.

## **POLICY & PROCEDURES**

It is every employee's responsibility to access and have knowledge of relevant policies and procedures that relate to their employment. All organisational-wide policies and procedures can be accessed on the BH Intranet site.

## CONFIDENTIALITY

Any information obtained in the course of employment is confidential and should not be used for any purpose other than in the performance of duties for which the person is employed. The employee is bound by the Information Privacy Act 2000, Aged Care Act 1997 and the Health Records Act 2001.

## MANDATORY ORGANISATIONAL COMPETENCIES

In accordance with current legislative requirements, all employees have a responsibility to ensure they successfully complete the following competencies as prescribed (on commencement, annually, every two years or as otherwise stated):

- Attend orientation on commencement
- Emergency Response and Fire Extinguisher Training (both theory and practical sessions)
- Manual Handling
- Human Rights, Equal Opportunity Prevention of Workplace Bullying and Managing Diversity in-service.
- Hand Hygiene Training.
- Reporting Elder Abuse.
- Person & Family Centred Care

Refer to the organisations mandatory training policy for full details.

## **CONSUMER ENGAGEMENT**

Benalla Health employees are responsible for meaningful consumer participation so that consumers, carers and community members are active participants in the planning, improvement and evaluation of health services.

This will be demonstrated by:

- New staff attending staff induction forum where the value of partnering with consumers/carers and community members is discussed.
- Evidence that consumers and their significant others are involved in the development of their own care plans and
- Completion of annual competencies that includes the importance of partnering with consumers/carers and community members.

## PREVENTION AND RESPONSE TO FAMILY VIOLENCE

It is a basic human right to be respected as an individual. Benalla Health supports this fundamental right through advocacy for the prevention and awareness raising of family violence. Benalla Health is committed to the elimination of Violence.

Each employee at BH will be expected to demonstrate their commitment by:

- Gaining knowledge and the ability to implement a brief intervention to identify and respond to family violence, underpinned by principles of sensitive practice.
- Actively participate in education and events supporting 'the prevention and response to family violence in our organisation and the community.
- Positively contribute to workplace safety and moral.
- Be able to confidently address issues that arise regarding Family Violence for clients and colleagues.

## PERFORMANCE REVIEW & DEVELOPMENT

A performance review & development plan will be carried out three months post appointment and thereafter at least once a year. The position description will form the basis for the review. If performance does not meet expectations or additional staff development/guidance is required, performance reviews will be carried out more frequently. The employee can request additional performance reviews at any time in writing.

This document provides a summary of the role and duties of the position and forms the basis for periodic review of departmental and individual performance.

As an occupant of this position, I have noted this statement of duties and agree to perform the duties indicated and observe all requirements of the organisation's Policies and Procedures.

EMPLOYEE'S NAME:		
EMPLOYEE'S SIGNATURE:		
DATE:/		
MANAGER'S NAME:	-	
MANAGER'S SIGNATURE:		
DATE:/		

**CREATED/REVISED** Operational Director Healthy Communities June 2019

Benalla Health						
Aligning behaviours to our Values and Code of Conduct						
Compassion	Empathy	Accountability	Respect	Excellence		
In our team we						
are kind to each other are forgiving	ask others 'how can we help'	are honest and reliable	acknowledge the views, opinions, beliefs and ideas of others	have a 'can do' attitude		
respect personal space seek clarity where there is uncertainty maintain confidentiality for those in our care and those we work with encourage and support each other to discuss issues ensure open consultation and two-way communication use eye contact and our tone of voice to demonstrate we are actively listening to the others perspectives we see the person as being separate from any unacceptable behaviour	act to include each other seek to understand the facts will support those who admit errors pull together especially in tough times have patience for those who are learning are safe to question and be inquisitive report incidents and mistakes recognising we work in a 'just' culture promote a culture of continuous improvement summarise what we have heard to demonstrate our	do what we say we will do are honest with each other call below the line behaviour reflect on our own behaviour acknowledge problems and seek and/or offer a solution have the courage to speak up and use our voice will comply with reasonable directives follow policies and procedures including rostering rules	say thank you manage each other up encourage robust discussion smile and greet each other acknowledge people from culturally diverse backgrounds turn up on time apologise when we have hurt others and/or have been below the line in our behaviour model and demonstrate polite behaviour use AIDET when we communicate follow our organisation's dress code and dress appropriately	work hard choose our attitude encourage innovation lead by positive example work as a team acknowledge when we are wrong encourage each other to be the best we can be and celebrate each other's achievements		
	understanding have fun	Toolshing raids				
	In our team we do not					
accept negative comments about others efforts withhold or deliberately make information inaccessible use or threaten to use violence - even in jest	say this is the way we have always done it judge a book by its cover tolerate angry, aggressive behaviour negatively criticise and judge another's performance actively avoid the reporting of events, incidents or issues actively or passively resist change misrepresent or selectively interpret facts	waste time turn a blind eye to poor practice expect other people to clean up our mess openly complain to everyone else except the most appropriate person who could fix the problem or issue	participate in, contribute to or encourage the rumor mill and gossip dismiss other people's opinions and contributions or put down their ideas manage each other down tolerate sexist behaviour or language use unprofessional or inflammatory language such as swearing raise our voices in patient care areas see ourselves as being more important than someone else respond with negative body language such as rolling eyes, huffing/puffing, negative tone of voice, crossing arms or shrugging shoulders talk down and be condescending to	watch the clock ignore call bells or ringing phones regardless of who is allocated what duties blame others for our actions put our personal likes or dislikes above the needs of the team and our professional responsibility		
Our standard is what we choose to walk past						